





**Emotional Behaviour Assessment**

Pediatric Emotional	Low
Attention Problems	Low
Internalizing Problems	Low
Externalizing Problems	Low

**Elements of Lifestyle**

**Appetite**

Carb	Veggies/Fruit	Sweet	Salt	Oil	Junk food

**Lifestyle**

Sleep	Exercise	Lifestyle	Meditation

**Substance**

Smoking	Tobacco	Alcohol	Other Abuse